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CLAIMS

What is claimed is:

1. A method for forming an integrated seat assembly, comprising: providing a seat;

supporting from said seat a plurality of independent electronic components;

routing a single cable having a plurality of conductors into the seat, the cable supplying power for said independent electronic components; and

using an electronics distribution system forming a portion of said seat. to receive power from said cable and to supply power to each of said independent electronic components.

- 2. The method of claim 1, further comprising using said cable to supply signals, as well as power, to at least one of said independent electronic components.
 - 3. The method of claim 1, wherein routing a single cable comprises routing a ribbon cable having a plurality of conductors into said seat.
 - 4. The method of claim 1, wherein supporting a plurality of independent components comprises supporting at least one of:

a video display unit, a telephone and a personal control unit.

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5. A method for forming an integrated seat assembly, comprising: providing a seat;

supporting from said seat a plurality of independent (electronic components);

routing a single cable having a plurality of conductors into said seat;

using a selected one of said conductors to directly supply power to at least one of said independent electronic components; and

interfacing said cable with a distribution subsystem supported from said seat; and

using said distribution system to supply signals to at least one of said independent electronic components.

- 6. The method of claim 5, wherein using said cable comprises using a ribbon cable.
- 7. The method of claim 5, wherein supporting a plurality of independent electronic components comprises supporting a video display unit.
- 20 8. The method of claim 5, wherein supporting a plurality of independent electronic components comprises supporting a personal control unit.
- The method of claim 5, further comprising interfacing said
 distribution subsystem with said independent electronic components via a fiber optic coupling.
 - 10. The method of claim 5, further comprising interfacing said distribution subsystem with an audio interface.
 - 11. The method of claim 5, further comprising interfacing said distribution subsystem with a telephone.

12. A method for controlling electronic components located on a seat on a mobile platform, comprising:

routing a cable having a plurality of conductors along a leg portion of said seat;

interfacing said cable with a distribution subsystem supported by said seat; and

interfacing said distribution subsystem with at least one of said independent electronic components.

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- 13. The method of claim 12, wherein interfacing said distribution subsystem comprises using said distribution subsystem to provide power to at least one of said electronic components.
- 15 14. The method of claim 13, further comprising using said distribution subsystem to provide signals to at least one of said electronic components.
- 15. The method of claim 12, wherein routing a cable comprises 20 routing a ribbon cable.
 - 16. The method of claim 12, wherein supplying power comprises supplying power to a video display unit.
- 25 17. The method of claim 12, wherein supplying power comprises supplying power to a personal control unit.
 - 18. The method of claim 12, further comprising interfacing said distribution subsystem with an audio interface.

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19. The method of claim 12, further comprising interfacing said distribution subsystem with a telephone.

20. The method of claim 12, further comprising locating said distribution subsystem adjacent a seat portion of said seat.